

Vegetarian In Progress

Products:

Gardein's 9 different varieties of meat-free chicken,

Beyond Meat's Grilled Chicken-Free Strips

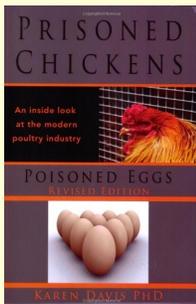
PERSONAL Favorite:

MorningStar Farms® Buffalo Chik Patties

Reading:

Prisoned Chickens
Poisoned Eggs

An inside look at the modern poultry industry
by Karen Davis



"The time will come when men such as I will look upon the murder of animals as they now look upon the murder of men."
Leonardo da Vinci

Compassionate Carnivores

VIP NEWSLETTER

September 2018

"I don't eat red meat, I only eat chicken and turkey"



Alive, on the way to slaughter

Chickens are the most abused animals raised for food. They suffer terribly to get to your plate.

Most chickens will spend their entire lives in fear and total confinement, from the moment they hatch on factory farms – where they share filthy sheds with tens of thousands of other birds – to the day they are killed for their flesh.

Every year, nearly one million chickens are boiled alive in slaughterhouses in the U.S. — often missing the kill blade as they struggle, they are dropped head first into de-feathering tanks, where they drown in the scalding hot water.

Other chickens arrive at slaughterhouses frozen to their cages, have their legs broken as they're jammed into shackles on the slaughter line, are run over with forklifts, or are thrown into trash bins while still alive. In poultry slaughterhouses, this egregious cruelty is business as usual.

Chickens are **sentient creatures**, capable of a wide range of emotions. Chickens can do basic arithmetic by keeping track of addition and subtraction in shuffling games. They also develop empathy and recognize stress. Chickens communicate to one another with at least 30 different calls with different meanings. They have very individual personalities and form friendships with other chickens and with humans. ***Please think about these qualities when choosing to eat chicken. A veggie dish for your dinner menu or restaurant order is the more humane choice!***

WHAT YOU CAN DO: COMMIT TO EATING LESS CHICKEN ... IN ADDITION TO NOT EATING MEAT AT LEAST ONE DAY EACH WEEK

Please buy only cage-free eggs & pass this email to your mailing list.

Thank you! Lois

www.compassionate-carnivores.org

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Please "like" Compassionate Carnivores on Facebook

