

Vegetarian In Progress

This Month's Recommendations

Recipes:

[Vegetarian Times](#)

Meat-Free Product:

[Faux Chicken](#)

Movie:

[Forks Over Knives](#)



The greatness and moral progress of a nation can be judged by the way its animals are treated.
Mahatma Gandhi

Compassionate Carnivores

VIP Monthly Newsletter

SEPTEMBER 2015

WHAT THE CLUCK?

"BUFFALO WINGS" WERE MEANT TO FLY

"... every year, hundreds of millions of animals—many times more than the number killed for fur, in shelters and in laboratories combined don't even make it to slaughter. They actually suffer to death."

Thanks to a horrific combination of selective breeding and rearing practices, most of today's chickens raised for meat (commonly known as "broiler" chickens) are so huge and disproportionate they can barely move at just a few weeks old. In 1920, a chicken raised for meat was slaughtered at an age of about 4 months when he weighed about 2.2 pounds. In 2013, we fatten them up so fast as to weigh 5.89 pounds in just 47 days. Then, we slaughter them.

To gain an idea of the magnitude of this number when discussed in relation to body weight, suppose you are an adult female with a weight of 130 pounds, imagine yourself weighing over 800 pounds instead!

The rapid and unnatural growth rate of these chickens strains their hearts, lungs and bones. Unable to support their massive bodies, many cannot stand and spend much of their lives lying in their own waste with open sores and infections.

Look at what's ending up on dinner plates every day.



Chickens are alive at this point on the slaughter line. Every time you order chicken, you pay this person's salary.

DID YOU KNOW?

Every day, 23 million chickens are killed in the U.S. for food--that's 269 deaths per second!

Worldwide over 50 billion chickens are now being slaughtered every year.

WHAT YOU CAN DO:

COMMIT TO EATING LESS CHICKEN ... IN ADDITION TO NOT EATING MEAT AT LEAST ONE DAY EACH WEEK

Please remember to buy only cage-free eggs & to pass this email to your mailing list. *Thank you! Lois*

www.compassionate-carnivores.org



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