Compassionate Carnivores

October 2017

Vegetarian In Progress

This Month's SPECIALS

Meat Free Product: <u>Morningstar -</u> <u>Hickory BBQ Riblets</u> (my favorite!)

Book: <u>Mercy for Animals</u>



May our Hearts overcome our Appetites

Dear VIPs,

I've been a vegetarian for over 25 years and not one time have I broken my commitment to not eat meat. It's an easy choice because I know what happens to cows, pigs, chicken and fish in order to get to our plate.

In the past 12 years we've spent educating people about the abuses of factory farming through Compassionate Carnivores, the one message I hear from people is "Do not show me any pictures!" I know that for me, seeing the pictures and facing the reality is what has cemented my ongoing commitment to not support the cruelty and, truly, without exaggeration, the torture, that animals endure to become our food.

DID YOU KNOW?

It's industry standard to:

- castrate & cut off the tails of piglets.
- dehorn bulls & cut off the tails of dairy cows.
- grind up male chicks while still alive.
- Cut off the beaks of female chicks. <u>All without anesthetic</u>

<u>V I P Veggie in progress</u> <u>Compassionate Carnivores Web Site</u> <u>Compassionate Carnivores on Facebook</u> I'm asking you to please watch the video link under "What You Can Do" and then commit to reducing meat from your diet. This video shows the truth of what happens. I believe that not one of you could carry out what needs to happen for food to arrive on your plate. However, you are paying the salary of these people and supporting the practices each time you purchase meat at the store or restaurant.



WHAT YOU CAN DO:

Please watch at least first 2 minutes of this video. I promise that it will move you. <u>Only you</u> can change this heart breaking reality.

www.whatcamebefore.com

Please consider passing this on to your mailing list... Thanks! Lois