

Vegetarian In Progress

Did you know?

99% of the meat
you buy at a store is
factory farm raised.

90% of the 99% are
chicken.

Compassionate Carnivores Stats

652 members from
45 states and 24
countries

3,000 followers on
Compassionate
Carnivores
Facebook page

2,300 members on
our Facebook
group page



Compassionate Carnivores

VIP Monthly Newsletter

May 2025

HAPPY 20TH ANNIVERSARY COMPASSIONATE CARNIVORES

How did Compassionate Carnivores begin?

As I was a meat-eating carnivore at the time, how did I develop this passion to educate people about factory farming?

My “aha moment” occurred when I saw an ad with a picture of a baby calf that read “this calf has only two feet”. Upon investigation, I realized that the article referred to the amount of space provided for the calf to live in, in an environment called factory farming.

I was immediately compelled to learn more about factory farming, so I educated myself about how animals are raised and how they meet their end to get to our plate. That’s when my passion for the subject began. I had to spread the word about what I learned. People do not realize what happens, I was sure, as I sure didn’t.

That is when I founded Compassionate Carnivores, asking people to take the VIP pledge: Give up meat at least one day each week, buy only pasture-raised eggs (or cage free) and agree to read my monthly newsletter.

If you are receiving this newsletter, at one time you agreed to reduce your meat intake by 1 day each week.

Will you recommit to celebrate this milestone with me?

Please remember to buy only *pasture-raised eggs* & to pass this email to your mailing list. Thank you! Lois

www.compassionate-carnivores.org

[VIP Veggie In Progress](#)

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