"I love animals!"

Then, why do you eat them?

Most people care about animals and their welfare, but don't think about how eating animals is clearly outside of their values.

Many people feel differently about farm animals than they do about their dogs and cats.

Sadly, farm animals are not protected under the 1966 Animal Welfare Act, which means that there are common practices on farms that are repulsive to most reasonable people. Male calves and piglets are routinely castrated without painkillers to reduce aggression.

**Hardly a way to show that we love animals.**

Dairy cows are separated from their young soon after birth, because the milk intended for their young is needed for milk production. When animals stop producing milk or eggs or piglets, they are slaughtered for their flesh.

Please think about being intentional to make the paradigm shift to eat less (and less) meat. With the products on the market now, it's easy.

Let me know if I can help!

Please consider passing this on to your mailing list...

Thanks! Lois