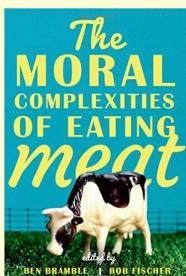


## Vegetarian In Progress

Movie:  
Speciesism

Book:  
The Moral Complexities of Eating Meat"

Edited by Ben Bramble & Bob Fischer



Products:  
Morningstar Farms

Think about how selective compassion exists in your life and make 2026 the year to become committed to try harder to reduce or eliminate meat from your diet.



# Compassionate Carnivores

VIP Monthly Newsletter

January 2026

**Do you think about how inconsistent compassion is?**

**PLEASE**

WATCH MY YOUTUBE PRESENTATION EDUCATING ABOUT FACTORY FARMING

<https://www.youtube.com/@selectivecompassion/featured>

I have put the entirety of my newsletters in this presentation and I have just gone live on YouTube.

*I would appreciate it if you'd watch these segments & give me your thoughts.*

I start with: Many of us consider ourselves to be animal lovers, but there's one area that often gets overlooked: what's on our plate.

*The explanation of Selective Compassion:*

We're horrified at the thought of people in other countries **eating dogs & cats**, and at the **horse slaughter** in other countries; yet, it's acceptable to eat pigs, chickens & cows. It's acceptable, even when we know how sentient these creatures are and how they suffer, both emotionally and physically, to get to our plate. Simply, it's how we're raised and we're conditioned to turn the other way.

**WHAT YOU CAN DO:**

Commit to eliminate meat at least one day each week.  
Take this small step to make a big difference.

**WHY DO IT?**

For your health, for the environment and for the animals.  
What's your motivation?

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Please remember to buy only **pasture-raised** eggs and pass this email to your mailing list. Thank you! Lois

Join on Facebook Group: [VIP Veggie In Progress](#)

Click to "like" Compassionate Carnivores on Facebook  
[www.compassionate-carnivores.org](http://www.compassionate-carnivores.org)

