

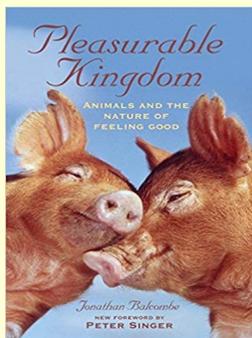
Vegetarian  
In  
Progress

This Month's  
Specials:

Products:

Veggie Products

Book:



Pleasurable  
Kingdom

**PLEASE CONSIDER  
TAKING THE  
"FLOP IT"  
CHALLENGE!**

# Compassionate Carnivores

VIP Monthly Newsletter

January 2019

## TAKE THE "FLOP IT" CHALLENGE

Rather than one day without meat, try eating "cruelty free" for 6 days, one day with meat.

*Focus on these reasons as you give this a try:*

Pigs suffer from a young age through their gruesome and violent end. They are sentient creatures and are as smart as our dogs.



Chickens are the most abused of all animals. By sheer numbers, they suffer the most from birth to their brutal end. (Alive on the kill line)



Dairy cows become hamburger. After spending her life indoors on hard abrasive concrete, she is sent to slaughter when she can no longer produce milk.



Please remember to buy only cage-free eggs & to pass this email your mailing list. Thank you! Lois

[www.compassionate-carnivores.org](http://www.compassionate-carnivores.org)

VIP Veggie In Progress

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