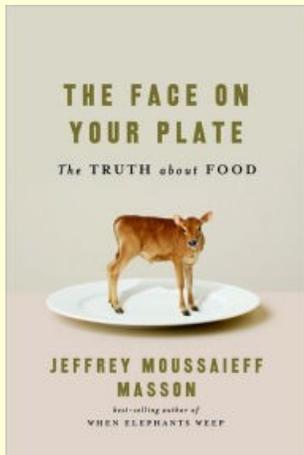


Vegetarian In Progress

This Month's Specials:

Book:



Recipes:

[98 amazing veggie pasta recipes](#)

Products:

[Vegetarian/Vegan Meat Substitutes](#)

“Please be nice to all of the ANIMALS all of the time!”

Compassionate Carnivores

VIP Monthly Newsletter

February 2020

FEBRUARY IS THE MONTH OF **LOVE**

EXPAND YOUR CIRCLE OF COMPASSION

DO YOU EVER THINK ABOUT HOW INCONSISTENT COMPASSION IS?

Why **LOVE** one but **EAT** the other?



I am aware that my VIPs don't want to see videos that are difficult to watch, so here's one that looks at the lovely side knowing the animals & not the suffering.



This month's message is simple.

Think about how selective compassion exists in your life and make 2020 the year to become committed to trying a new life style. A life style that's "cruelty free" relative to the meals that you choose to eat. There are so many new alternatives..!

WHAT YOU CAN DO:

Eliminate one animal each month in addition to one day no meat.

Please remember to buy only pasture-raised eggs and pass this email to your mailing list. Thank you! Lois

Join on Facebook Group: [VIP Veggie In Progress](#)

[Click to "like" Compassionate Carnivores on Facebook](#)

www.compassionate-carnivores.org

