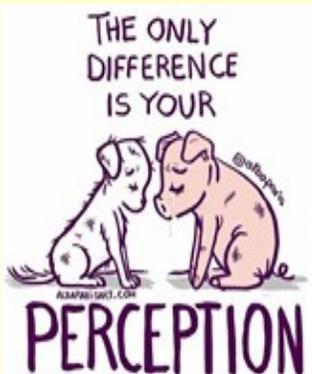
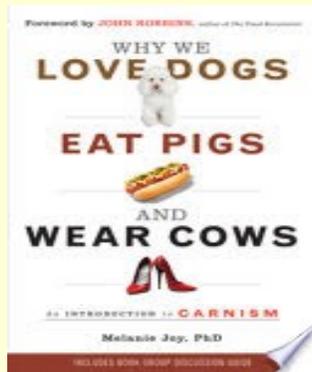


Vegetarian In Progress

This Month's Specials:

Meatless Recipes:
The Green Plate

Reading:



“The time will come when men such as I will look upon the murder of animals as they now look upon the murder of men.”
Leonardo da Vinci

Compassionate Carnivores

VIP NEWSLETTER

FEBRUARY 2018

February is the Month We Think of Love So I ask...

Why Love One but Eat the Other?

We get upset, even disgusted, when we hear of different cultures eating horses, dogs and cats. But, have you ever stopped to really think about how incongruent that thinking is?

Most of us would never eat a dog, and yet we barely give a thought to eating a pig, chicken or cow.

It takes a paradigm shift to have that “aha” moment, that epiphany. The moment that we realize that the acceptance of eating some animals, and not others, doesn't make sense.



Focusing on this incongruence will start the reprogramming process to connect the dots of sincerely saying one thing and doing another.

If you love animals, why would you eat them?

WHAT YOU CAN DO: *Are you ready for a paradigm shift?*

Select an animal each month and leave it off your plate. This will put you in a state of mind where you are paying attention. Think about the sentient animal at the end of your fork.

That's the first step to a paradigm shift.

Please buy only cage-free eggs & pass this email to your mailing list.

Thank you! Lois

www.compassionate-carnivores.org

VIP Veggie In Progress

Please "like" Compassionate Carnivores on Facebook

