

Vegetarian
In
Progress

This Month's
SPECIALS
Recipe:

[Vegetarian Taco Recipes](#)

Movie:
[Speciesism](#)

THIS



NOT THIS...



OR THIS...



Compassionate Carnivores

V I P M o n t h l y N e w s l e t t e r

F e b r u a r y 2 0 1 4

"Selective Compassion"

Why
LOVE one but **EAT** the other?



Do you ever think about how inconsistent compassion is?

We are horrified at the thought of people in other countries eating dogs and cats and at the horse slaughter in our own country; yet, it's acceptable to eat pigs, chicken and cows.

It's acceptable even when we know how sentient these creatures are and how they suffer, both emotionally and physically, to get to our plate. Simply, it's how we're raised and we're conditioned to turn the other way when confronted with this question.

This month's message is simple.

Think about how selective compassion exists in your life and make 2014 the year to become committed to trying a new life style. A life style that's "cruelty free" relative to the meals that you choose to eat.

Coming soon— CC's new website "[SelectiveCompassion.org](#)."

WHAT YOU CAN DO: Eliminate one animal each month in addition to one day no meat.

Please remember to buy only cage-free eggs & to pass this email to your mailing list.
Thank you! Lois

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