If you're not familiar with jackfruit, you will be amazed at how much it tastes like pork. Here's my favorite “pulled pork” recipe using jackfruit.

You can choose to look the other way but you can never say again that you did not know
William Wilberforce

Let’s talk pig talk...

Pigs have a vocabulary of over 20 distinct oinks, grunts, snorts, snarls and squeaks that have specific meanings.

Pigs love to play. They like to chase each other, run around, play fight and wrestle. Pigs are highly social. They form close bonds with people and other animals.

Pigs are smart and remember everything. Scientists have determined that not only are pigs smart, they are smarter than dogs, some primates and 3-year old children. Pigs are clean animals, they can live indoors as companion animals.

Pigs are good mothers and they are heroes.

Pigs have personalities and feelings. Just like humans, pigs have individual personalities with a wide range of traits and emotions. Pigs show compassion and forgiveness.

Pigs on factory farms do not have the opportunity to express any of these traits.

Instead they are:

Treated with brutality
Separated by steel bars when pregnant
Trapped in barren environments
Transported to slaughter under horrific condition

This is all a big price to ask for us to eat pork chops and bacon.

Please pledge to leave pigs off your plate.

Please remember to buy only pasture-raised eggs and pass this email to your mailing list. Thank you! Lois

Join on Facebook Group: V I P Veggie In Progress

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www.compassionate-carnivores.org