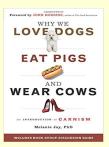## Recommended Reading:

Why We Love Dogs, Eat Pigs, and Wear Cows:
An Introduction to Carnism
by Melanie Joy

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Meat Free Products:

Morning Star Farms

* * *

Video:
Peanut & Keeva

The most violent weapon on earth is the table fork.
Mahatma Gandhi

Compassionate Carnivores

Would you make the connection?
If you passed this truck carrying dozens of pigs, would you connect your ham sandwich or BLT to what you see?

The transport of animals to slaughter is not something people think about, yet, it's equally disturbing to how they are raised. The following statistics are taken from a factory farming publication and demonstrate how factory farming abuse continues after the animals leave the "farm".

Factory farmed animals travel an average of 1,000 miles before they are slaughtered. According to the Humane Society of the US "farm animals may travel from one U.S. coast to the other. Pigs, for example, are frequently shipped from farrowing operations in North Carolina to finisher facilities in Iowa, then on to slaughter plants in California. These long-distance trips exact a great toll on the animals, commonly causing exhaustion, motion sickness, weight loss, dehydration, crippling injury, and even death."

Each year more than 420,000 pigs are crippled during this transport and another 170,000 die each year as a result of transport.

WHAT YOU CAN DO:
COMMIT TO NOT EATING PIGS. THEY ARE SENTIENT CREATURES, JUST LIKE OUR DOGS AND CATS. THEY SUFFER, LIVING THEIR LIFE IN PAIN AND DISCOMFORT. ADD TO THIS FEAR AND ANXIETY AS THEY TRAVEL TO THEIR SLAUGHTER FOR A GRUELLING DEATH... ALL TO BECOME A MEAL. THE "HAM" OR "BACON" IS THE END RESULT OF A SENTIENT CREATURE WHO SUFFERED TO GET TO THE PLATE.

Please remember to buy only pasture-raised eggs and pass this email to your mailing list. Thank you! Lois

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www.compassionate-carnivores.org