

Vegetarian In Progress

Recipes:

- [33 Wonderful Thanksgiving Recipes](#)
- [Food Network Thanksgiving Recipes](#)

Turkeys are family oriented & stay together.

Turkey mothers diligently teach their young survival skills, and turkey brothers stay together for life.

Unfortunately, life is quite different for turkeys raised for food on factory farms, where these birds' natural instincts are routinely denied.

And they meet a painful and terrifying end.



Compassionate Carnivores

VIP Monthly Newsletter

November 2021

Where's the "bird"?

Wishing you a *Compassionate* Thanksgiving Celebration

Start a new tradition...

**Try a Cruelty-Free Thanksgiving by eliminating the Turkey.
You won't miss it!**

Make your plate this year without turkey

Remember...

even humanely raised turkeys meet a painful & terrifying end

Did you know: The turkeys today grow so fast that their delicate legs often break under the weight of their bodies. From the moment they hatch they have their beaks and toes burnt off using a hot blade in a standard industry practice known as "debeaking" and "detoeing".

Of course, these details are not shared with us. Also, be aware that "**free range**" does not equal "**humane**". Birds raised for meat may be sold as "free-range" if they have government certified access to the outdoors. The door may be open for only five minutes and the farm still qualifies as "free-range".



What You Can Do: Leave the turkey off the menu this year. Check with your guests and ask them if they would support the idea.

Please remember to buy only **pasture-raised eggs** & to pass this email your mailing list. Thank you! Lois

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