Vegetarian In Progress

This Month's Specials

Books: Omnivores Dilemma

Recipes: Eating Veg









Compassionate Carnivores

VIP NEWSLETTER

MAY 2018

Happy 13th Anniversary, Compassionate Carnivores!

Now with 561 VIPs located in 42 states and 18 countries, 3,170 members on Compassionate Carnivores Facebook Page and 3,681 members in the Veggie In Progress Facebook Group.

My continual hope over the years has been that people would stop and think about the inconsistency of eating cows, pigs and chickens, etc. and loving, sleeping with, caring for dogs, cats, etc.

All of these sentient beings are capable of showing and appreciating love and are capable of feeling pain and fear.

Somehow, we are able to be okay with this separation of perception.



What you can do: View these videos to learn the truth of what happens to our animals to get to the plate.

Anyone can watch this video for just 1 minute to see only the reactions of those who are viewing the suffering. (no graphic content)

http://www.mercyforanimals.org/video-can-you-face-the-reality-of-factory

Not for the faint of heart, the below Farm to Fridge video, shows the truth of what happens for animals to get to the plate.

https://www.youtube.com/watch?v=THIODWTqx5E

With so many plant-based options available, please think about it:

Why love one but eat the other?

Please buy only cage-free eggs & pass this email to your mailing list.

Thank you! Lois

www.compassionate-carnivores.org

V I P Veggie In Progress

Please "like" Compassionate Carnivores on Facebook

