Vegetarian In **Progress**

This Month's **SPECIALS**

Recipes:

Your Favorite Beef Dishes

Products:

Beyond Meat MorningStar Farms Yves Veggie Cuisine



You must be the change you wish to see in the world. Mahatma Gandhi

Compassionate Carnivores

VIP Monthly Newsletter

June 2019

ARE THERE HAPPY COWS? YES, WHEN THEY'RE FREE TO ROAM & DANCE







Reality is this is how they live...

And how they die... for the plate

Often beginning their short lives on rangeland, calves are soon separated from their nurturing mothers and endure a series of painful mutilations. Life on the range ends at about one year of age when cattle are shipped to concentrated animal feeding operations (CAFOs). CAFOs, also referred to as feedlots and stockyards, are giant, zero-grazing lots where beef cattle stay until slaughter.

After they are unloaded at the slaughterhouse, cows are forced through a chute and shot in the head with a captive-bolt gun meant to stun them. But because the lines move so quickly and many workers are poorly trained, the technique often fails to render the animals insensible to pain.

Each year, about 39 million cattle and calves are killed for food in the U.S.

NEED THAT BURGER FIX? TRY THE IMPOSSIBLE OR BEYOND MEAT BURGER.

THE IMPOSSIBLE BURGER IS COMING SOON TO A BURGER KING NEAR YOU.

Please pass this email to your mailing list. Thank you! Lois

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