

Vegetarian In Progress

RECIPE:

If you're not familiar with jackfruit, you will be amazed at how much it tastes like pork. Here's my favorite "pulled pork" recipe using jackfruit.



Treated with brutality



Separated by steel bars

95% of pigs in the US live on factory farms

Compassionate Carnivores

VIP Monthly Newsletter

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**You can choose to look the other way
but you can never say again that you did not know**

William Wilberforce

You love bacon but here's why you shouldn't look the other way:

Pigs have a **vocabulary**:

Over 20 distinct oinks, grunts, snorts & squeaks that have specific meanings.

Pigs **love to play**:

They like to chase each other, run around, play fight & wrestle.

Pigs are **highly social**:

They form close bonds with people & other animals.

Pigs are **smart**:

They remember everything. Scientists determined that not only are **pigs smart**, they are smarter than dogs, some primates & 3-year old children.

Pigs are **clean animals**:

They can live indoors as **companion animals**.

Pigs are **good mothers**.

Pigs have **personalities and feelings**:

Just like humans, pigs have individual personalities with a **wide range of traits** and emotions.

Pigs show **compassion** and **forgiveness**.

Pigs on factory farms do not have the opportunity to express any of these traits.

Instead they are:

Treated with brutality

Separated by steel bars when pregnant

Trapped in barren environments

Transported to slaughter under horrific condition



Remember to buy only **pasture-raised** eggs and pass this email to your mailing list.

Thank you! Lois

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