

Vegetarian In Progress

If you're not familiar with jackfruit, you will be amazed at how much it tastes like pork. Here's my favorite "pulled pork" recipe using jackfruit.



Treated with brutality



Separated by steel bars

95% of pigs
in the US
live on factory farms

Compassionate Carnivores

VIP Monthly Newsletter

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**You can choose to look the other way
but you can never say again that you did not know**

William Wilberforce

Let's talk pig talk...

Pigs have a **vocabulary** of over **20** distinct oinks, grunts, snorts, snarls and squeaks that have specific meanings.

Pigs **love to play**. They like to chase each other, run around, play fight and wrestle.

Pigs are **highly social**. They form close bonds with people and other animals.

Pigs are smart and remember everything. Scientists have determined that not only are pigs smart, they are smarter than dogs, some primates and 3-year old children.

Pigs are **clean** animals, they can live indoors as companion animals.

Pigs are **good mothers** and they are **heroes**.

Pigs have **personalities and feelings**. Just like humans, pigs have individual personalities with a wide range of traits and emotions.

Pigs show **compassion** and **forgiveness**.

Pigs on factory farms do not have the opportunity to express any of these traits.

Instead they are:

Treated with brutality

Separated by steel bars when pregnant

Trapped in barren environments

Transported to slaughter under horrific condition

This is all a big price to ask for us to eat
pork chops and bacon.

**Please pledge
to leave pigs off your plate.**



Please remember to buy only **pasture-raised** eggs and pass this email to your mailing list. Thank you! Lois

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