

Vegetarian
In
Progress

*This Month's
SPECIALS*

Recipes:

[TRY VEG.com](http://TRYVEG.com)



*You must be the
change you wish
to see in the
world.*

Mahatma Gandhi

* * *

Compassionate Carnivores

VIP Monthly Newsletter

April 2019

PASSING ALONG COMPASSION OVER KILLING'S
invitation to you to participate in [VegWeek 2019!](#)

**VegWeek kicks off on April 22, 2019 (Earth Day!)
and it takes just seconds to join the fun:**

[Take the VegPledge now](#)

& instantly **unlock exclusive deals & discounts** and you'll automatically be registered for a chance to win great prizes, including a \$100 gift card to Trader Joe's, a \$100 gift card to Vegan Essentials, free product coupons, and so much more!

Are you vegetarian? [Pledge to try vegan.](#)

Already vegan? [Take the pledge](#) then challenge yourself to [recruit your pre-vegan friends & family](#) (top recruiters win prizes!).

[Yes! Sign me up for the 7-Day VegPledge](#)



Please pass this email to your mailing list. Thank you! Lois

www.compassionate-carnivores.org

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